



Game Day Water / Safety Breaks

Applies to games featuring players 8 years old and older

During the first weeks of our fall soccer season we often have very warm weather. Paying attention to where we live, the following rules will be observed for the first three weeks of Saturday game days:

1. A water break will be provided approximately midway through each half. The break will last no longer than two minutes.
2. Players must remain on the field and receive water at their sideline.
3. If the two minutes is exceeded, the game clock operated by the referee will start, which will decrease the actual playing time of the game.
4. The game clock restart is required to keep Game Day on schedule. Please do not challenge the referee on this point as he/she has been instructed to operate this way for the integrity of all games.
5. After the third Game Day of the season, if the weather is judged by Game Day supervision to still be unusually hot, this process might be extended a week at a time. The referees will know if this process is in effect for Week 4 and beyond.